

SCIFIT

REX™ Recumbent Elliptical

Scientific Solutions

- Smooth, natural total body movement that provides a natural and consistent flexion and extension.
- Bi-directional movement and resistance - the user can exercise in forward and reverse motion.
- Low starting resistance at only 6 watts.
- 1-20 levels adjustable in .1 increments providing 200 levels of resistance.
- Low profile seat back allows for torso rotation and increased core recruitment. Easy seat adjustment forwards and backwards.
- All body action is dependent, allowing individuals to use passive assistance - using strong limbs to drive weaker limbs through the range of motion.
- Dual position hand grips. Altering the hand position allows customized exercise.
- Comfortable and sturdy orthopedic footbeds with safety edge and optional foot straps to keep the feet securely in place.
- Contact heart rate located around seat.
- Heart Rate compatible with most wireless technology.



Intelli-Fit Features and Programs

- 7" LCD display with user friendly interface using tactile keypad, color coded with audible beep.
- Programs: One button Quick Start, Manual, Hill Profiles, Random Profiles, Heart Rate, Iso-Strength, Constant Work, Heart-Fit Test, Heart-Fit Training (4 levels with 3 programs at each level), Power-Fit Test, Power-Fit Training (4 levels with 3 programs at each level), Stress Test and Fit-Quik™.
- Administrative mode: includes 6 user defined languages, metric or US units of measure and other custom settings.
- Built-in twin Fans: 3 levels of intensity at low, medium and high.
- Power Burst - 8 second burst of Iso-Strength. Available on all programs except: Heart-Fit Test/Training, Power-Fit Test/Training, Heart Rate, Iso-Strength and Stress Test.
- Automatic cool down after each exercise is completed.
- Download results to USB flash drive. Simply plug your USB key in the Fit-Key slot and your work-out will be copied in a text file for saving and printing.
- Display Feedback: Heart rate, time, RPM, calories, distance/miles, level, watts and MET's with two change view screens
- CSAFE port and 8-volt DC power port for TV or other controllers.
- USB charger for phones, mp3 players and other electronic devices.

Technical Specifications

- Overall Dimensions: 73" L x 28" W x 55" H
- Weight of unit: 299 lbs pre packaged
- Shipping Dimensions and weight: 75" x 32" x 64" 345 lbs (Skid only)
- 79 3/4" x 32 1/2" x 63 9/16" 390 lbs Boxed
- Maximum user weight: 500 lbs
- Self Generating with auto recharge battery backup.

Color

Frame: Silver Powder Coated
Covers: Metallic Gray with UV Protection

Warranty

3 year parts, 1 year labor. Exceptions: 1 Year warranty on footbeds, seats, and Bio-Flex pads. Wear items (rubber hand grips) are excluded from warranty.

Fit-Key®
Compatible

Order Code

SF-REX7000-INT
www.ncmedical.com
800-821-9319