

# Long Wrist Wrap

**Intended Purposes** Non-sterile, neoprene material used to provide adjustable compression, protection, and support around the wrist. Easy wrap-around design restricts wrist motion while allowing full use of fingers and thumb.

**Indications** Carpal tunnel syndrome, repetitive strain injuries, arthritis, tendinitis, sports injuries, and other minor hand/joint conditions.

**Contra Indications** Skin irritation, allergy to nylon, polyester or neoprene.

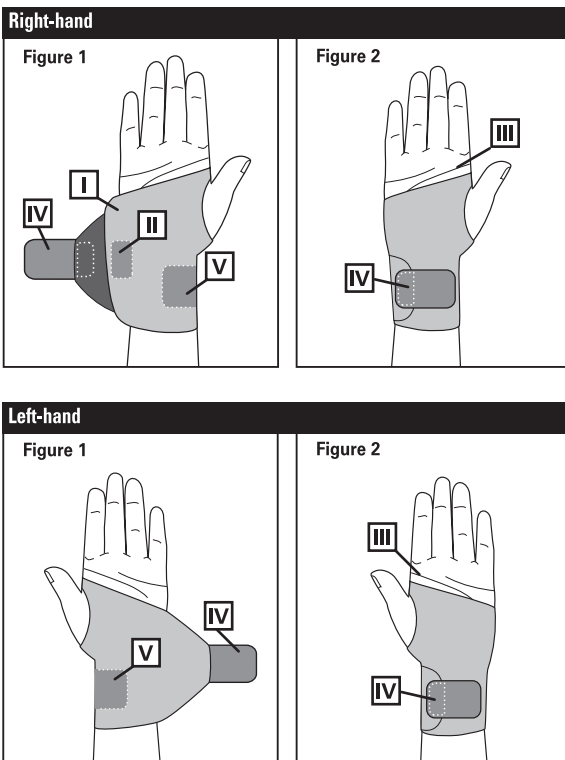
## Instructions for Use / Proper Fit

Lay wrist wrap on flat surface. Place the thumb through the hole (Figure 1). For right hand, place the short flap (I) against the palm. For left hand, place the short flap (I) against the back of the hand. Wrap around the wrist, fastening the small hook tabs (II) to the inside of the wrap. The edge of the wrap should be below the palmar crease (III) (Figure 2). Fasten the hook strap (IV) to the loop (V) section for a comfortable, snug fit around the wrist. Trim the strap end as needed. Loosen strap if compression feels too tight. The neoprene material can be trimmed for a more custom fit, except across sewn seams.

**Warning:** If pain increases or persists, discontinue use and seek advice from a healthcare professional.

## Instructions For Care

Hand wash in cool water and mild soap. Air dry. Do not dry near heat or in the sun.



## Long Wrist Wrap, Black

	Size	Wrist Circumference
NC58600-1BK	Small	Up to 6½" (Up to 17 cm)
NC58600-2BK	Medium	6½" to 7" (17 to 18 cm)
NC58600-3BK	Large	Over 7" (Over 18 cm)

