

# Push® MetaGrip®

Provides CMC joint stability for pain-free thumb mobility

## Care Tips for Your Push MetaGrip

Giving your Push MetaGrip the best care will contribute to maintaining its longevity and support. These proven care instructions and tips will positively impact the life of your brace and straps:

1. The Push MetaGrip can be hand washed or machine washed on gentle cycle, cool water with mild detergents. We suggest placing the Push MetaGrip in a small mesh bag prior to machine washing. NEVER place the Push MetaGrip into a clothes dryer or dishwasher.
2. Over-tightening the straps will cause the straps to stretch over time and weaken the hook and loop closure.
3. Excessively frequent application and removal of the Push MetaGrip increases strap fatigue.
4. Keeping the entire brace clean and free of debris prolongs the life.
5. Heavy and/or repeated resistive activities while wearing the Push MetaGrip increases stress on the straps.
6. Exposure to harsh chemicals or heavy soil can deteriorate the brace. We recommend using latex, rubber, or gardening gloves over the brace during cleaning or gardening.

Visit [BraceLab.com/MetaGrip.html](http://BraceLab.com/MetaGrip.html) for information about how to squeeze the Push MetaGrip for proper fit, file for insurance, and more.



### *The Secret's in the Squeeze!*

*The Push MetaGrip must be correctly SIZED and SQUEEZED to work! Watch the short video on [BraceLab.com/MetaGrip.html](http://BraceLab.com/MetaGrip.html) for a demo.*

### Love the brace?

Leave a review on [bracelab.com](http://bracelab.com) or [amazon.com](http://amazon.com)!

### Questions or concerns? Please tell us—

We care about your satisfaction!

Monday - Friday, 9am - 5pm EST

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