



Lightweight, comfortable support.

D-Ring Thumb and Wrist Orthosis

Intended Purpose

Use for wrist and thumb support to assist with proper healing and pain relief. Stays can be adjusted or removed to allow more flexibility.

Indications

Ideal for treating arthritis, joint instability, sprains, tendinitis, de Quervain's, carpal tunnel syndrome or other wrist and thumb conditions causing pain or weakness.

Contraindications

Skin irritation, allergy to neoprene, loss of circulation.

Sizing

To size, measure the palm circumference. **Long** measures 2" (5.1 cm) longer than **Regular**.

| Regular length | | Long length | | Palm Circumference |
|----------------|---------|-------------|---------|---------------------------------|
| Left | Right | Left | Right | |
| NC91250 | NC91251 | NC91260 | NC91261 | X-Small 6" to 7" (15 to 18 cm) |
| NC91252 | NC91253 | NC91262 | NC91263 | Small 7" to 7¾" (18 to 20 cm) |
| NC91254 | NC91255 | NC91264 | NC91265 | Medium 7¾" to 8¾" (20 to 21 cm) |
| NC91256 | NC91257 | NC91266 | NC91267 | Large 8¾" to 9" (21 to 23 cm) |
| NC91258 | NC91259 | - | - | X-Large Over 9" (Over 23 cm) |



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Ideal for treating arthritis, joint instability, sprains, tendinitis, de Quervain's, carpal tunnel syndrome or other wrist and thumb conditions causing pain or weakness. Includes contoured metal stays along the wrist and thumb that provide added support and positioning.

Made of 1/16" (1.6 mm) thin, perforated neoprene, with terry cloth lining to help keep skin cool and comfortable.

Wrap-around thumb fits all thumb sizes. D-Ring strap closure makes it easy to put on and cinch up.

Sizes X-Small to X-Large. Two lengths available: Regular and Long (for more forearm support). See chart on back for sizing.

Not made with natural rubber latex. Anti-microbial for extra skin protection.

Warning: If allergic to neoprene, DO NOT use this product.

If discomfort increases, fingers change color, or if pain or numbness increase, discontinue use and alert your healthcare provider.

To be used under the guidance of a qualified medical professional.



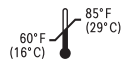
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Guaranteed against defects in material or workmanship. Replacement will not be made for products misused or abused.



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Made in China

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Instructions for Use

1. Unfasten the straps and slide the hand into the splint. Do not insert the hand between the layers of the stockinette.
2. Slide the splint as far back on the arm as possible. The hand end should lie just below the palmar crease.
3. Align the thumb stay and wrap the thumb piece around the thumb. Bring the hook strap's "V" section across the joint and then wrap spirally. Can use the extra strap length to wrap the entire thumb for extra support (Figure 1), or trim the thumb piece back to allow motion (Figure 2).
4. Fasten the splint's straps, but not so tight to interfere with circulation. Trim the straps or unseamed neoprene if needed.



Instructions for Care

Hand wash in cool water with mild soap and air dry. Machine washing and drying may damage the support.